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## 3.2.a: Increase the percentage of long-term service and support clients served in home and community-based settings from 83.9% to 86% by June 2019

### Why is this a priority?

The number of people age 65 and older will double in Washington over the next twenty years. Many of these seniors, and other adults with disabilities, will need long-term services and supports (LTSS), such as assistance with:

- Dressing;
- Bathing;
- Shopping;
- Cooking;
- Toileting;
- Getting around;
- Dementia and behavior supports; and
- Skilled nursing and treatments.

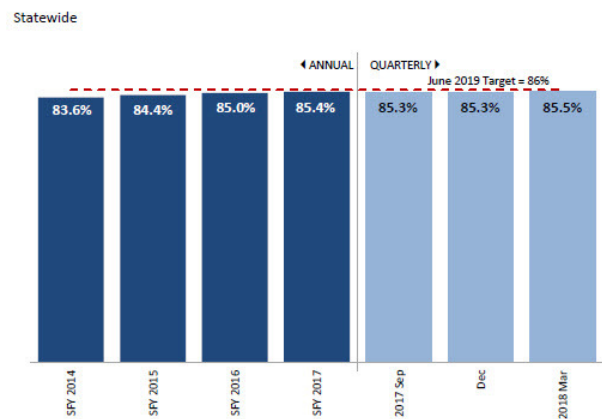


Many of these individuals will also need assistance paying for this care. The hallmark of Washington's long-term services and supports system is that, whenever possible, individuals are given the opportunity to live and receive services in their own home or a community setting. Developing home and community-based services has meant Washingtonians have a choice regarding where they receive care, and has produced a more cost-effective method of delivering services.

## How are we doing?

Washington's long-term care system is ranked 2nd in the nation by the American Association of Retired Persons' "Scorecard" report. The report highlights these strengths:

- Wide range of care settings and providers to choose from;
- Support for family members who assist their relatives (unpaid family caregivers); and
- High proportion of public funding is spent on home and community-based services rather than on nursing facilities, providing clients with options and choices.



## What are we working on?



- Developing resources to meet the needs of people with challenging behaviors;
- Developing additional resources to support families and informal caregivers;
- Providing early information to individuals and families about their choices for care;
- Developing partnerships with local hospitals to keep nursing facility stays short and focused on rehabilitation vs. long-term residency; and
- Maximizing our use of the federal Roads to Community Living program to support people moving to the community.



## How can you help?

Learn more about the types of services and programs that help an adult remain at home: [ALTSA Services that help an adult remain at home](#)

Need to find local services? Visit our website to find out who to contact: [ALTSA Resources](#)

Are you caring for a loved one? Find out about resources for caregivers: [ALTSA Caregiver Resources](#)

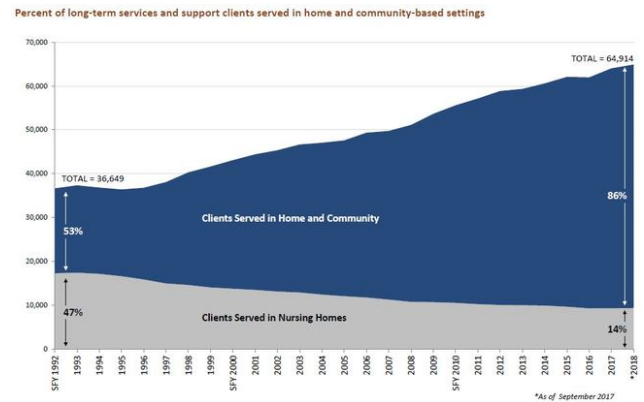
### Supplemental Reports:

- [July 2016 Supplemental Report](#)
- [February 2015 Supplemental Report](#)

Learn more by visiting our [Action Tracker](#).

*Reported by: Department of Social and Health Services*

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